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INTEGRATED GROUP THERAPY FOR BIPOLAR DISORDER AND SUBSTANCE ABUSE

Integrated Group Therapy for Bipolar Disorder and Substance Abuse



Roger D. Weiss and Hilary Smith Connery

Guilford Pubn, 2011. Paperback. Book Condition: New. 1. 20.32 x 27.3 cm. "Packed with practical clinical tools, this book presents an empirically supported treatment expressly designed for clients with both bipolar disorder and substance use disorders. Integrated group therapy teaches essential recovery behaviors and relapse prevention skills that apply to both illnesses. The volume provides a complete session-by-session overview of the approach, including clear guidelines for setting up and running groups, implementing the cognitive-behavioral treatment techniques, and troubleshooting frequently encountered...

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- Authored by Weiss, Roger D./ Connery, Hilary Smith
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