



Your Psychic Self: A Quick and Easy Guide to Discovering Your Intuitive Talents

By Melissa Alvarez

Llewellyn Publications, U.S. Paperback. Book Condition: new. BRAND NEW, Your Psychic Self: A Quick and Easy Guide to Discovering Your Intuitive Talents, Melissa Alvarez, Ever wondered if you were psychic? "Your Psychic Self" is designed to help you recognize your natural intuitive abilities and strengthen them to enhance your daily life. In an easy, conversational tone, professional intuitive Melissa Alvarez shares her own experiences and offers direction for discovering where your skills and interests lie within the psychic and metaphysical worlds. Good for beginners or as an all-around reference, this guide gives you an overview of the signs of intuition, different kinds of abilities, psychic experiences, and forms of intuitive communication. Understand the types of readers - from psychic detectives to animal communicators - and explore your own connection with spirit beings. Use the practice exercises to develop your abilities and learn how to protect yourself from negative influences.



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