



## How Connections Heal: Stories from Relational-Cultural Therapy

By Wendy B. Rosen, Maureen Walker, Jean Baker Miller

Guilford Publications. Paperback. Book Condition: new. BRAND NEW, How Connections Heal: Stories from Relational-Cultural Therapy, Wendy B. Rosen, Maureen Walker, Jean Baker Miller, From faculty and associates of the Stone Center's Jean Baker Miller Training Institute, this practice-oriented casebook shows how Relational-Cultural Theory (RCT) translates into therapeutic action. Richly textured chapters - all written especially for this volume - explain key concepts of RCT and demonstrate their application with diverse individuals, couples, families, and groups, as well as in institutional settings. Emphasizing that relationship is the work of therapy, case narratives illuminate both the therapist and client factors that promote or interfere with movement toward connection. Highlighted are the ways in which cultural contexts profoundly influence relationships; how growthful connection inevitably includes conflict; and how experienced therapists work on a moment-by-moment basis to engage with and counteract personal and cultural forces of disconnection.



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